



## The City of New York Manhattan Community Board 8

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## Community Bulletin Board – January 2013

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT [www.cb8m.com](http://www.cb8m.com)

**Street Activity Permit Office (SAPO)** - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. SAPO will no longer accept paper applications. All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit [http://www.nyc.gov/html/cau/html/street\\_permitting/permit\\_and\\_events.shtml](http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml).

**The 19<sup>th</sup> Precinct Community Council**. Please join us at the Community Council Meeting which will be held on **Monday, January 7, 2013**, at 7:00PM at the 19<sup>th</sup> Precinct, 153 East 67<sup>th</sup> Street (between Lexington and Third Avenues). Third Floor. For more information, contact the 19<sup>th</sup> Precinct Community Affairs at 212-452-0613 or [Helms19ca@aol.com](mailto:Helms19ca@aol.com). To be added to our email list please email us at: [info\\_19th\\_pct@aol.com](mailto:info_19th_pct@aol.com)

**East 79<sup>th</sup> Street Neighborhood Association** will meet on **Thursday, January 10, 2013**, at 6:00PM, City University of New York (CUNY), 535 East 80<sup>th</sup> Street, (Corner of East End Avenue) First Floor Board Room. AGENDA: 19th Precinct Police Report, including bike stats and pedestrian accident stats; Elected Officials Reports; Guest Speaker To Be Announced. **Meetings are free and open to the public.**

**The Yorkville Chapter of AARP** will hold their next monthly meeting on **Thursday, January 10, 2013**, at Immanuel Lutheran Church, 1296 Lexington Avenue between 87 and 88th Street, at 1PM. Meetings are held on the second Thursday of each month (except for July and August), and include speakers addressing health, community, safety, social, and economic issues. The January 10 meeting will feature the Director for Pastoral Care and Education at Lenox Hill Hospital. Refreshments will be served, and all seniors are welcome to become members and get involved in Chapter projects. Both will discuss issues relating to the needs of seniors in our neighborhood. For more information, call: [917-573-3296](tel:917-573-3296)

**Memorial Sloan-Kettering Cancer Center's Resources for Life After Cancer** presents a free program on *Weight Matters: Dietary Modification and Behavioral Change* on **Tuesday, January 29** from 5:30 – 7:00 PM. Memorial Sloan-Kettering's Jody Gilman, MS, RD, CDN will address why some individuals gain weight during and after cancer treatment and will provide participants with tips and tools to help manage post-treatment weight gain. This program will be held at 430 East 67th Street, Room 101, between First and York Avenues, and is open to individuals who have been treated for cancer. You must register to attend. Please call 646-888-4740 or email [rlac@mskcc.org](mailto:rlac@mskcc.org).

**New York- Presbyterian Hospital's Lifeline** service is for older adults who live alone, are at risk for falls, or who are living with a chronic illness. Now you can have this premiere emergency alert system, which provides 24hour /7days a week assistance, at special holiday rates. NYP will waive the installation fee of \$75 and offer a lower monthly fee, if you **sign up before the end of Jan 2013**. Please call us at (212) 746-6479 to discuss the service and pricing as well as the one of a kind Auto Alert system. 'Tis the season to be jolly. . . and safe. Lifeline can help make that happen.

**82nd Street Greenmarket** located at 82nd Street between 1st and York Avenues is open on **Saturdays, year- round**, 9AM to 3PM and - in addition to household batteries, #5 plastic, Britta filters, wine bottle corks, printer cartridges and old eye glasses - now collects fabric/clothing/hats/shoes/belts and compost from 9AM to 1PM. For a list of what's compostable, go to the Upper Green Side newsletter: <http://thisweekatthemarket.wordpress.com>.

**LawHelp/NY** ([www.LawHelp.org/NY](http://www.LawHelp.org/NY)) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site ([www.ayudalegalny.org](http://www.ayudalegalny.org)), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

**Age-friendly NYC College Link** is a new database connecting older adults with opportunities at New York City colleges and universities. Want to learn something new? Prepare for a second or third career? Enjoy free art exhibits and lecture series? Be among the first to try out **Age-friendly NYC College Link** ([www.agefriendlycollege.org](http://www.agefriendlycollege.org)), a new and free online searchable database that provides 'one-stop' shopping for educational and cultural opportunities at more than forty NYC-area colleges and universities. Now for the first time, older adults can easily find and connect to offerings from many different schools, including discounted and free non-credit courses, programs developed specifically for older adults, campus performances and lecture series, and job training and certificate programs. **Age-friendly NYC College Link** is being developed through *Age-friendly NYC*, a joint venture of the Office of the Mayor, the City Council and the New York Academy of Medicine that is dedicated to making New York City the place for healthy aging. For more information, click [www.agefriendlycollege.org](http://www.agefriendlycollege.org).

**Legal Information for Families Today (LIFT)** Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit [www.LIFTonline.org](http://www.LIFTonline.org).

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - [www.hunter.cuny.edu/babysitting](http://www.hunter.cuny.edu/babysitting)

**The Day Care Council of New York, Inc.** is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email [jpinkos@dccnyinc.org](mailto:jpinkos@dccnyinc.org).

**Crime Victim Services** is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

*Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or [info@cb8m.com](mailto:info@cb8m.com).*