



The City of New York Manhattan Community Board 8

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Community Bulletin Board – March 2014

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. SAPO will no longer accept paper applications. All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

The 19th Precinct Community Council Please join us at the Community Council meeting which will be held **Monday, March 3, 2014**, at 7:00pm at the 19th Precinct, 153 East 67th Street (between Lexington and Third Avenues). Third Floor. Program: Guest speaker will be Captain Pufolkes, pedestrian and vehicular safety. Refreshments courtesy of Butterfield Market, on Lexington Ave. & 78th. For questions: Please call Community Affairs 212-452-0614. To be added or removed from our email list please email us at: info_19th_pct@aol.com

Memorial Sloan Kettering Cancer Center invites community residents to attend the following free events: Memorial Sloan Kettering's Resources for Life after Cancer presents an LGBT Cancer Survivorship Support Group on **March 11** from 5:30- 7:00 PM. Discussion will address adjustment to life after cancer treatment including issues such as emotional adjustments, changes in physical functioning, altered self-image, persistent fatigue, isolation, and additional post-treatment related concerns. This program will be held at 430 East 67th Street, Room B20 and is open to individuals who have completed treatment and are in the follow up and monitoring phase. You must register to attend. To register and for more information, please call 646-888-4740 or e-mail RLAC@mskcc.org. Join us for a CancerSmart talk on *Breast Cancer: Where We Are Today, Where We're Headed* on **March 20** from 6:00 – 7:30 PM at 430 East 67th Street, Auditorium, between First and York Avenues. Please call 212-639-3074 or visit www.cancersmart.org to register for our programs and to sign up for our e-newsletter.

The East 79 Street Neighborhood Association will meet on **Thursday, March 13, 6pm**, at 80th Street Residence, 430 East 80th Street (York-First Aves). Agenda includes 19 Precinct Police Report on Neighborhood Safety including vehicular, pedestrian and accident stats; Guest Speaker: TBA; Elected Officials Reports and updates. Free and open to the public.

Yorkville Chapter of AARP will hold their next monthly meeting on **Thursday, March 13, 2014**, at Immanuel Lutheran Church, 1296 Lexington Avenue between 87th and 88th Street, at 1PM. Meetings are held on the second Thursday of each month (except July and August) and includes speakers addressing health, community, safety, social, and economic issues relating to New Yorkers living in or near the upper east side of Manhattan. All seniors are welcome to become members and get involved in Chapter projects. This meeting is an "Open Mike" meeting. People are invited to share their opinions of what's needed to grow the membership for the AARP Yorkville Chapter. Light refreshments will be served. For more information, call: [917-573-3296](tel:917-573-3296).

Talent Unlimited High School (TUHS) of Performing Arts is a top public performing arts high school in Manhattan. They will be performing their production of "9" the musical on **Thursday, March 13th @ 3:30PM, Friday, March 14th @ 3:30PM & 7PM, Saturday, March 15th @ 2PM, Thursday, March 20th @ 3:30PM, Friday, March 21st @ 3:30PM & 7PM and Saturday, March 22nd @ 2PM** at The Black Box Theatre at TUHS, 300 East 68th Street, Room 541, 5th Fl, 212-737-2863. Tickets: General admission reservations through tuhsmusicaltheatre@gmail.com TUHS is also presenting "Carmen Is Alive" on **Thursday, March 6th, 3:30PM, Friday, March 7th, 7:00PM, and Saturday, March 8th, 1:00PM & 6:00PM** at the JREC Auditorium, 317 East 67th Street, NYC 10065. Tickets/Reservations/Information: tuoperaballet@gmail.com

New York-Presbyterian/Weill Cornell Medical Center's Ronald O. Perelman Heart Institute – Education Center presents Healthy Heart Talks, **Tuesdays** at 1:00pm on **March 18**, *Sleep and Your Body* and **March 25**, *Reducing Stress at Work, Home, in Life*, at Greenberg Pavilion (main hospital), 4th floor Atrium, Education Center. Cardiothoracic Lecture Series, Wednesdays, **March 5**, 11:00am, *Blood Pressure Screening*, **March 12**, 11:00am, *Mitral Valve Surgery*, **March 19** 11:00am, *Aortic Valve Surgery*, **March 26**, 11:00am, *Coronary Artery Bypass Surgery* at Greenberg Pavilion (main hospital), 4th floor Atrium, Education Center. Hands-Only CPR Class in **March every Thursday**, 1:30-2:30pm, at Greenberg Pavilion (main hospital), 4th North Patient Lounge Room 223. To register – call 212-746-9294 or e-mail perelmanheartedu@nyp.org Perelman Mile-Plus Walk, **every Monday and Thursday**, at 12:00pm, meet at the Hospital's 68 Street front entrance.

Community Service Society's Advocacy, Counseling and Entitlement Services (ACES) Project is seeking retired individuals age 55 or older to serve as volunteer public benefit counselors. Make a difference in your community. Help financially disadvantaged people obtain the benefits and services they need. Training begins **April 1, 2014**. Applicants must have advocacy, research, and computer skills. No prior benefits counseling experience necessary. For more information, call Edwina Osborne at (212) 614-5412.

NYC Parks From **May through the end of October this year**, Parks has mobile units that are available for events for free. There are three different types of mobile units available, and each come with a variety of activities for children and Parks staff to run these activities. The Fitness Mobile is loaded with 2 flat-screen TV's with Dance-Dance Revolution and Wii Fit! It also offers table games and arts & crafts. The Skate Mobile offers lessons and activities in in-line skating. The program provides helmets and safety equipment as well as basic instruction for all ability levels. The Play Mobile offers craft & nature projects, tabletop and board games, face painting, Balloon art, as well as more traditional activities such as relay races, tug-o-war, and jump roping. To book one of these vans or find out more information, please call our Manhattan Borough Coordinator at (212) 408-0275.

82nd Street Greenmarket located at 82nd Street between First and York Avenues is open on **Saturdays, year-round**, 9AM to 3PM with Compost and fabric/clothing/hats/shoes/belts collected 9AM-1PM. Premier local produce, baked goods, seafood, free-range poultry and eggs, grass-fed beef, cheese and more. Also bring household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>

Gray Matters is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit www.graymattersnyc.org to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at info@graymattersnyc.org briefly describing your specific need or needs and indicate how and when we should contact you.

LawHelp/NY (www.LawHelp.org/NY) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site (www.ayudalegalny.org), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.