



The City of New York Manhattan Community Board 8

505 Park Avenue, Suite 620
New York, N.Y. 10022-1106
www.cb8m.com
Nicholas D. Viest, Chair

Phone: (212) 758-4340
Fax: (212) 758-4616
info@cb8m.com - E-Mail
Latha Thompson, District Manager

Community Bulletin Board – May 2014

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. SAPO will no longer accept paper applications. All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

Another exhibit/lecture on the **History of Yorkville and beyond** by Yorkville, **Historian Kathy Jolowicz**. **Thursday, May 1**, at 7:30 PM. Presented at the New Utrecht Reformed Church Parish House at 1831 84th Street (between 83 and 84th Streets) **in Brooklyn**. The presentation encompasses the era of the 17th Century through the Revolutionary, Civil, and World Wars - to the 1960s, as well as the Slocum Disaster. It tells of the people, the businesses and the churches that made up the vibrant German communities in New York City and what the Germans did for the growth of NY City. **FOR MORE INFORMATION CALL: 718-256-7173 OR E-MAIL: MAIL@HISTORICNEWUTRECHT.ORG** Take 6 train to Bleeker Street and transfer to the D train to 18th Avenue. Walk one block to church.

New York-Presbyterian Hospital FREE Cancer Screenings 2014. Throughout the year, the Cancer Prevention Program offers free screenings for different types of cancer. Screenings are open to adults 18 years or over. No appointments required. Visit our website for additional details and events. For more information: Email: chw9040@nyp.org; www.nyp.org/cancerprevention FREE Skin Cancer Screening at Weill Cornell, **May 2, 2014**, 1:00PM-5:00PM, 1305 York Avenue @ 70th Street, 9th Floor. No appointment required. FREE Oral Cancer Screening at Weill Cornell, **May 29, 2014**, 1:00PM-4:00PM, 1305 York Avenue @ 70th Street, 5th Floor. No appointment required. **Year Round – Northern Manhattan Cancer Screening Partnership** offers FREE breast cancer, cervical cancer, and colorectal cancer screenings for New York State residents 50 years of age or older who do not have medical health insurance and have not had a recent test for these kinds of cancer. For questions and appointments: 212-851-4516.

The 19th Precinct Community Council will hold its monthly meeting on **Monday, May 5th** at 7PM, at the Precinct 153 East 67th Street, 3rd floor. The speaker to be announced. Refreshments by Butterfield Market. Public invited. There will also be a large shred truck to shred any and all documents you have. Bring old check books, pay stubs, credit card statements, or any item that contains your personal information. The shred truck will be in front of the precinct at 5 PM. **The 19th Precinct Community Council Street Fair** will take place **Saturday, May 3** from 11 am to 5 PM on Lexington Avenue, from 59th Street to 67th Street. Look for our booth near 67th Street. For questions: Please call Community Affairs 212-452-0614. To be added or removed from our email list please email us at: info_19th_pct@aol.com

New York-Presbyterian Hospital/Weill Cornell Medical College presents Health & Wellness Seminars. **May 6th** *Advances in the Diagnosis of Alzheimer's and Reducing the Risk of Developing Dementia* by Richard S. Isaacson, M.D., Norman R. Relkin, M.D., Ph.D. **May 13th** *The Aging Eye: Research and Treatment Advances* by Anton Orlin, M.D., Priyanka Sood, M.D. All seminars begin at 6:30pm and are held at the Uris Auditorium, Weill Cornell Medical College, 1300 York Avenue @ 69th Street. For more information call 212-821-0888.

CIVITAS Reimagining the Waterfront Manhattan's East River Esplanade - SAVE THE DATE! Important East River Esplanade Community Meetings. You are invited to lend your voice at a series of community meetings to discuss improvements to the East River Esplanade (60th – 125th Streets) **hosted by CIVITAS and Mathews Nielsen Landscape Architects**. All meetings will be held in the evening. Specific times and locations are TBD. Please save the following dates: **Tuesday, May 6th** (I. Listening Session), **Tuesday, June 24th** (II. Visioning & Goal-Setting), **Monday, September 22nd** (III. A Way Forward). Please RSVP to info@civitasnyc.org or call 212-996-0745 if you can participate in this series of meetings. For more information and ongoing updates, please visit CIVITAS' Reimagining the Waterfront website: www.reimaginethewaterfront-civitas.com

Lenox Hill Hospital and The Center for Stroke and Neuro-Endovascular Surgery present Act F.A.S.T. and Strike Out a Stroke: Stroke Awareness and Prevention Fair 2014. Highlights of the fair include: FREE lectures, raffles/giveaways, healthy food samples and recipes, "chair yoga" and blood pressure screening, a guided tour of Lenox Hill facilities. **Wednesday, May 7th**, 4pm-7pm, 130 East 77th Street, Second Floor, Weisner Conference Room, New York, NY 10075.

The East 79 Street Neighborhood Association will meet **Thursday, May 8, 6pm, at East 80th Street Residence**, 430 East 80th Street (York-First Aves). Agenda: 19 Precinct Police Report on Neighborhood Safety including vehicular, pedestrian and bike accident stats; A discussion of construction plans for PS 158 and the new middle school located in PS 158; Elected Officials/Reps Reports and Updates. **Free and Open to the Public.**

Talent Unlimited High School of the Performing Arts presents: Vocal Concert "It's Freedom" **Thursday- May 8th @ 3:30p.m.** (Matinee), **Friday - May 9th @ 7:00 p.m.**, JREC Auditorium, 317 E. 67th Street, New York, NY 10065. For Ticket Reservations: JSkoog@tuhsnyc.com or call 212-737-1530. Ticket prices: \$5.00 TU Students - Thursday Matinee performance only; \$8.00 advance sales; \$10.00 at the door.

Memorial Sloan Kettering Cancer Center invites community residents to attend the following free events: On **May 15** from 4:00 – 7:00 PM, Memorial Sloan Kettering **will provide free skin cancer screenings** at MSK Rockefeller Outpatient Pavilion, 160 East 53 Street, Tenth Floor. Risk factors for skin cancer include a family history of melanoma (two or more blood relatives), multiple atypical moles, and numerous actinic keratoses (scaly patches of skin, gray to pink in color, on sun-exposed areas of the body). By limited appointment only. To schedule an appointment, call 212-610-0772 on Tuesday, May 6 at 9:00 AM. Join us for a CancerSmart talk on *Innovation and Hope: Our Liver Cancer Experts Discuss the Latest Treatment Options* on **May 20** from 6:00 – 7:30 PM in the Rockefeller Research Laboratories building, 430 East 67th Street, Auditorium, between First and York Avenues. Please call 212-639-3074 or visit us at www.cancersmart.org to register for our programs and to sign up for our e-newsletter.

COPE Care and Outreach for People Living with Epilepsy is offering programs FREE and open to individuals living with epilepsy, and their care partners. *What Are Some of the Medical Concerns Unique to Epilepsy, and How Can They Be Treated?*, **Thursday, May 29th**, 5:30PM-7:00PM, Presenter: Shahin Nouri, MD. *Brain Food 101: How to Eat to Feed the Brain*, **Monday, June 23rd**, 5:30PM-7:00PM, Presenter: Drew Ramsey, MD. Location: Weill Cornell Medical College, 1300 York Avenue at 69th Street, Room A-126. To RSVP, or for more information, please call 212-746-2471.

NYC Parks From **May through the end of October this year**, Parks has mobile units that are available for events for free. There are three different types of mobile units available, and each come with a variety of activities for children and Parks staff to run these activities. The Fitness Mobile is loaded with 2 flat-screen TV's with Dance-Dance Revolution and Wii Fit! It also offers table games and arts & crafts. The Skate Mobile offers lessons and activities in in-line skating. The program provides helmets and safety equipment as well as basic instruction for all ability levels. The Play Mobile offers craft & nature projects, tabletop and board games, face painting, Balloon art, as well as more traditional activities such as relay races, tug-o-war, and jump roping. To book one of these vans or find out more information, please call our Manhattan Borough Coordinator at (212) 408-0275.

82nd Street Greenmarket located at 82nd Street between First and York Avenues is open on **Saturdays, year-round**, 9AM to 3PM with Compost and fabric/clothing/hats/shoes/belts collected 9AM-1PM. Premier local produce, baked goods, seafood, free-range poultry and eggs, grass-fed beef, cheese and more. Also bring household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>

Gray Matters is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit www.graymattersnyc.org to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at info@graymattersnyc.org briefly describing your specific need or needs and indicate how and when we should contact you.

LawHelp/NY (www.LawHelp.org/NY) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site (www.ayudalegalny.org), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.