



The City of New York Manhattan Community Board 8

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Community Bulletin Board – November 2014

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

The **19th Precinct Community Council** will hold its monthly meeting on **Monday, November 3rd at 7PM**, at the Precinct 153 East 67th Street, 3rd floor. Speaker: Sgt Mike Barnwell – Domestic Violence. Refreshments by Butterfield Market. For more information call: Community Affairs Office: 212-452-0613. Email address: info_19th_Pct@aol.com. Facebook: www.facebook.com/19thpctcc

The East 79 Street Neighborhood Association will meet **Thursday, November 6 at 6:00pm**, at **Temple Shaaray Tefila, 250 East 79th Street (Second Avenue)**. Agenda: 19 Precinct Police Safety Report; Guest Speaker: TBA; Elected Officials Reps Updates and Reports. **Free and Open to the Public.**

Memorial Sloan Kettering Cancer Center invites community residents to attend the following free event: Join Memorial Sloan Kettering and Hospital for Special Surgery for a community lecture on **November 6** from 5:00 – 6:30 PM on **Breast Cancer and Bone Health** at the Hospital for Special Surgery, 535 East 70th Street, Richard L. Menschel Education Center, 2nd floor. Learn about how breast cancer affects bone health and ways to prevent osteoporosis and slow down loss of bone mass. To register, please visit www.hss.edu/pped or call 212-606-1613 for more information. Join us for a CancerSmart talk on **Cancer Clinical Trials: Personalizing for Each Patient on November 18** from 6:00 – 7:30 PM in the Rockefeller Research Laboratories building, 430 East 67th Street, Auditorium, between First and York Avenues. Please call 212-639-3074 or visit us at www.cancersmart.org to register for our programs and to sign up for our e-newsletter.

Weill Cornell Medical College The Myra Mahon Patient Resource Center presents Pancreatic Cancer Awareness Month on **November 6, 2014 Cutting Edge Treatment for Pancreatic Cancer** by Dr. Michael Lieberman and Dr. Michel Kahaleh; **November 13, 2014 Tips for Surviving Chemotherapy** by Alissa Lupu, RD, CDN, CNSC; Special Health Seminar on **November 18, 2014 New Advances in Knee Pain Treatment** by Dr. Neel Mehta. When? 6:15pm-7:15pm. Where? Weill Greenberg Center, 1305 York Ave. (at E. 70th St.) 2nd Floor. RSVP 646-962-5721 or mmprc@med.cornell.edu

Manhattan Eye, Ear & Throat Hospital (MEETH) Hearing Screenings - Hearing loss often occurs slowly and painlessly, until it begins to interfere with your daily life. At Manhattan Eye, Ear & Throat Hospital, we offer monthly pure-tone air conduction tests to determine the faintest tones you can hear at selected pitches, from low to high. Early detection is key! The next screening event is scheduled on **Friday, November 14** from 9 AM – 1 PM. Please make an appointment by calling [\(212\) 702 – 7676](tel:2127027676) or email Janet Parrales at jparrales@nshs.edu **Vision Screenings** - One out of 8 Americans have common eye diseases like glaucoma, cataracts, or age-related macular degeneration. More than ever, it's important to take care of your eyes and get the vision care you need. On **Wednesday, November 19, 2014, from 10 AM – 2 PM**, Manhattan Eye, Ear & Throat Hospital will be offering a visual acuity check and an intraocular pressure test – for free! Please make an appointment by calling [\(212\) 702 – 7676](tel:2127027676) or email Janet Parrales at jparrales@nshs.edu

92nd Street Greenmarket located at First Avenue between 92nd and 93rd Streets is open **Sundays through November 23rd, 2014**, 9am to 4pm with Compost and fabric/clothing/hats/shoes/belts collected 9am to 1pm. Freshest locally grown vegetables, fruits and herbs, baked goods, eggs, locally-caught seafood and more! EBT/Food Stamps, Debit/Credit, Health BUcks, WIC & FMNP checks accepted. Also recycling: batteries of all kinds, printer cartridges, corks and eye glasses. For what to compost: <http://www.grownyc.org/compost>. And more market details: <http://thisweekatthemarket.wordpress.com>.

Grace Institute is actively recruiting for their class beginning **January 2015**. The institute has over 117 years of empowering women and **tuition-free** job training. Six-month Business Skills Program – Job Training for Office Support and Customer-Service Positions. Program Schedule – Monday – Friday – 9AM to 4PM. Requirements: HS Diploma or GED; Fluency in English; Eligibility to work in the United States. Book and Registration Fee: \$150.00. Tuition-free!! Job Placement Assistance. On-Site Student Services Dept. Convenient Daytime Classes. Supportive Environment. HRA Approved. Take a tour of the Grace Institute, meet the staff, learn more about our program and apply! 1233 Second Avenue (between 64th and 65th Streets); Tel: 212-832-7605; www.graceinstitute.org; admissions@graceinstitute.org

82nd Street Greenmarket located at 82nd Street between First and York Avenues is open on **Saturdays, year-round**, 9AM to 3PM with Compost and fabric/clothing/hats/shoes/belts collected 9AM-1PM. Premier local produce, baked goods, seafood, free-range poultry and eggs, grass-fed beef, cheese and more. Also bring household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>

Gray Matters is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit www.graymattersnyc.org to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at info@graymattersnyc.org briefly describing your specific need or needs and indicate how and when we should contact you.

LawHelp/NY (www.LawHelp.org/NY) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site (www.ayudalegalny.org), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.